



What to Expect During a Minor Ailment Consultation

1



Assessment

The pharmacist will ask about your **signs and symptoms**, review your **medical and medication history** and conduct a **physical examination** (if necessary). Answer the questions truthfully and as best as you can so that you can receive the right treatment.

2



Treatment

The pharmacist will work with you to come up with an appropriate treatment plan. This may include **one or more** of the following:

- A) No treatment needed
- B) Non-drug therapies
- C) Non-prescription medication(s)
- D) Prescription medication(s)
- E) Referral to another health care provider

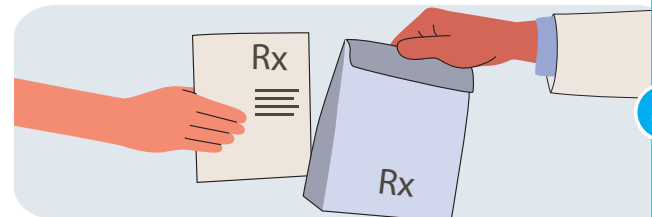
3



Advice & Education

The pharmacist will discuss your **personalized treatment plan** with you, provide information such as how to use the medication, what to expect from it, etc. and address any questions and/or concerns that you may have.

4



Next Steps

If you receive a prescription, you may take it to any pharmacy of your choosing. (Note: The cost of any treatment is not included as part of the consultation.) The pharmacist will also **notify your family doctor** (if you have one) that a medication was prescribed.

5



Follow-Up

The pharmacist will **contact you** shortly after your consultation to see how you are doing and address any other questions or concerns. You can also give the pharmacy a call if you would like to speak to the pharmacist sooner.

If you receive a referral, it's important to follow through. Your symptoms may need further assessment to make sure nothing more serious is missed.

TIP: Check to see if an appointment is needed and bring your Ontario Health Card (you may be eligible to receive the service free of charge if you have one, otherwise a cost may apply).

DISCLAIMER

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Your Pharmacist is Here to Help

Ontario pharmacists can assess and treat **27 minor ailments**



Acid reflux & heartburn



Acne



Calluses & Corns



Canker sore



Cold sore



Dandruff



Diaper rash



Dry Eye



Eczema & skin rash



Hemorrhoids



Headache (mild)



Head lice



Impetigo



Insect bites & hives



Jock itch



Muscle sprains & strains



Nasal allergies



Nasal Congestion



Nausea & vomiting in pregnancy



Oral thrush



Period cramps



Pink eye



Pinworms & threadworms



Ringworm



Tick bites (Lyme disease prevention)



Uncomplicated urinary tract infection



Vaginal yeast infection



Warts

SPEAK TO YOUR PHARMACIST TODAY!

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